

2017 Results

30/12/2017 Castlewellan Xmas 8 Mile Trail Run

Catriona & Joey McKendry, 01:41:52 (228th)

Majella & Dominic Connolly 01:50:52 (359th)

23/12/2017 Portrush Parkrun

Majella Connolly, 00:31:09 (145th)

16/12/2017 Portrush Parkrun

Gemma McDonald, 00:20:24 (5th) **(CR)**

Aidan Loughridge, 00:24:21 (41st)

16/12/2017 Ballincollig Parkrun

Clare Egan, 00:27:11 (103rd)

16/12/2017 Kilbroney Santa Run 5k

Cara McShane, 00:34:59 (109th)

09/12/2017 Portrush Parkrun

Gemma McDonald, 00:22:54 (19th)

Clare Egan, 00:29:01 (75th)

02/12/2017 Lough Fea 5k

Gemma McDonald, 00:20:49 (25th) (W) **(CR)**

02/12/2017 Ecos Parkrun

Cara McShane, 00:27:51 (68th)

12/11/2017 Rock 'n' Roll Las Vegas Half Marathon

Catriona McKendry, 01:51:04 (1105th)

11/11/2017 Portrush Parkrun

Aidan Loughridge, 00:24:35 (39th)

Kevin McAuley, 00:33:32 (111th)

29/10/2017 Dublin Marathon

Catriona McKendry, 03:57:05 (5817th) (PB)

Robert Hook, 04:09:21 (7880th)

Gerard Hughes, 04:22:02 (9371st)

Cara McShane, 04:59:24 (13,122nd)

14/09/2017 Run 'n' the Bann

Aidan Loughridge, 00:23:05 (79th) (PB)

Kevin McAuley, 00:30:32 (194th)

Ciaran McKay, 00:36:16 (231st)

10/09/2017 Great North Run

Kyle Hughes, 01:36:33 (1952nd)

Cara McShane, 02:10:01 (18,519th)

Chris McAuley, 02:24:46 (26,700th)

09/09/2017 Portrush Parkrun

Clare Egan, 00:31:57 (66th)

03/09/2017 Waterside Half Marathon

Robert Hook, 01:47:45 (445th)

Majella Connolly, 02:04:02 (1045th)

Cara McShane, 02:06:35 (1108th)

02/09/2017 Portrush Parkrun

Aidan Loughridge, 00:24:28 (50th)

Kevin McAuley, 00:31:12 (133rd)

26/08/2017 Rathlin Run, 10 Mile

Cara McShane, 01:45:03 (140th)

26/08/2017 Rathlin 5k

Kevin McAuley, 00:35:51 (52nd)

26/08/2017 Portrush Parkrun

Aidan Loughridge, 00:25:32 (100th)

Clare Egan, 00:29:22 (173rd)

25/08/2017 Portrush 5 Miles

Clare Egan, 00:43:24 (201st)

16/08/2017 Purple Ladies 5k

Clare Egan, 00:26:38 (62nd)

Catherine McCaughan, 00:30:42 (146th)

Catriona McKee, 00:32:05 (173rd)

Paula Hill, 00:32:05 (176th)

Claire Hill, 00:32:06 (175th)

Sharon McShane, 00:32:24 (182nd)

Una Bailey, 00:32:41 (186th)

Majella Connolly, 00:33:19 (197th)

Liz McMullan, 00:33:20 (198th)

13/08/2017 Rock 'n' Roll Dublin Half Marathon

Cara McShane, 02:10:44 (3770th) (PB)

12/08/2017 Portrush Parkrun

Clare Egan, 00:28:06 (139th)

12/08/2017 Lurig Run

Aidan Loughridge, 00:48:48 (177th)

09/08/2017 Nissan Classic 5 Miles

Dominic Connolly, 00:35:48 (119th) (PB)

Robert Hook, 00:36:12 (132nd)

Majella Connolly, 00:42:07 (241st) (PB)

Clare Egan, 00:43:36 (255th)

Cara McShane, 00:46:17 (287th) (PB)

Cathal McTaggart, 00:47:08 (301st) (PB)

Kevin McAuley, 00:51:24 (324th)

Una Bailey, 00:54:15 (333rd) (PB)

Ciaran McKay, 00:57:38 (348th)

05/08/2017 Ballincollig Parkrun

Clare Egan, 00:27:36 (122nd)

28/07/2017 Lacpatrick/Riada 5 Mile

Dominic Connolly, 00:37:09 (68th)

Tracy Gillan, 00:38:39 (79th)

Gerard Hughes, 00:38:44 (81st)

Aidan Loughridge, 00:39:33 (88th)

Majella Connolly, 00:43:36 (124th)

Shauna McHenry, 00:45:11 (128th)

Cara McShane, 00:47:01 (143rd)

Cathal McTaggart, 00:49:24 (154th)

Kevin McAuley, 00:52:15 (166th)

Claire Hill, 00:53:59 (173rd)

Paula Hill, 00:53:59 (174th)

Una Bailey, 00:55:18 (175th)

15/07/2017 Dervock 10k

Cara McShane, 01:01:45 (65th)

29/06/2017 Round The Bridges 10 Mile

Robert Hook, 01:19:09 (254th)

Aidan Loughridge, 01:21:15 (297th)

Gerard Hughes, 01:26:09 (398th)

Cara McShane, 01:37:51 (543rd)

Majella Connolly, 01:37:51 (544th)

08/06/2017 Boom 10k

Majella Connolly, 00:56:34 (78th)

Clare Egan, 00:56:34 (79th)

06/05/2017 Glenavy Milk Run 10k

Majella Connolly, 00:54:20 (45th)

Catriona McKendry, 00:54:24 (46th)

Liz McMullan, 01:08:39 (108th)

23/04/2017 Virgin London Marathon

Chris McAuley, 04:44:49 (24394th)

01/04/2017 Omagh Half Marathon

Chris McAuley, 01:55:51 (931st)

Catriona McKendry, 02:01:55 (1138th)

Majella Connolly, 02:02:30 (1152nd)

17/03/2017 Spar Craic 10k

Catriona McKendry, 00:56:24 (711th)

Cara McShane, 00:56:34 (704th)

Sharon McShane, 00:57:27 (755th)

Catriona McKee, 00:57:49 (771st)

Majella Connolly, 01:14:24 (1260th)

Liz McMullan, 01:14:24 (1261st)

2016 Results

19/11/2016 Clontarf Half Marathon

Chris McAuley, 01:50:10 (635th)
Catriona McKendry, 02:05:21 (1152nd)
Majella Connolly, 02:05:21 (1154th)

31/10/2016 Dublin Marathon

Chris McAuley, 04:19:01 (9266th)
Catriona McKendry, 04:28:07 (10,472th)
Sharon McShane, 04:28:05 (10,470th)
Clare Egan, 04:33:38 (11,219th)
Liz McMullan, 05:29:24 (15,208th)
Nuala McTaggart, 05:29:24 (15,209th)

22/10/2016 Portrush Parkrun 5k

Deirdre Donaghy, 00:27:51 (76th)

18/09/16 Belfast Half Marathon

Emma McGinty, 02:39:28 (2642nd)

11/09/16 Great North Run

Kyle Hughes, 01:33

04/09/16 Waterside Half Marathon

Frank McAlonan, 01:41:47 (299th)

27/08/16 Rathlin Run 10 Mile

Clare Egan

27/08/16 Rathlin 5k

Kevin McAuley, 00:29:30 (26th)

14/08/16 South Shields 10 Mile

Kyle Hughes, 01:06:23 (19th) (PB) (CR)

29/07/16 Ballymoney Milk Run 5 Mile

Kyle Hughes, 00:39:13 (19th) (PB) (CR)

15/06/16 Lisburn 10k

Cara McShane, 01:07:52 (1474th)

13/06/16 "Run Swa Run" 10k

Kyle Hughes, 00:39:15 (2nd)

01/06/16 Fairhill 5 Mile

Cara McShane, 00:53:42 (353rd)
Ciaran McKay, 00:56:56 (368th)

21/05/16 Portrush Parkrun 5k

Clare Egan, 00:25:53 (69th)

14/05/16 Portrush Parkrun 5k

Clare Egan, 00:28:36 (79th)

07/05/16 Ecos Ballymena Parkrun 5k

Sharon McShane, 00:28:01 (112th)

Cara McShane, 00:31:50 (152nd)

07/05/16 Portrush Parkrun 5k

Clare Egan, 00:28:36 (79th)

30/04/16 Ecos Ballymena Parkrun 5k

Sharon McShane, 00:27:40 (113th) (PB)

Cara McShane, 00:30:54 (162nd)

Ciaran McKay, 00:35:22 (179th)

27/04/16 Purple Ladies 5k

Majella Connolly, 00:25:25 (68th)

Catriona McKendry, 00:28:39 (155th)

Catriona McKee, 00:30:16 (182nd)

17/04/16 Hamburg Marathon

Neale Jagoe, 04:26:26 (9187th) (PB)

09/04/16 Portrush Parkrun 5k

Sharon McShane, 00:32:29 (118th)

02/04/16 Portrush Parkrun 5k

Aidan Loughridge, 00:24:33 (65th)

Liz McMullan, 00:29:38 (144th) (PB)

02/04/16 Ecos Parkrun 5k

Cara McShane, 00:29:57 (109th)

26/03/16 Mussenden 10k Challenge

Kyle Hughes, 00:39:13 (5th)

Sinead Donnelly, 00:54:15 (74th)

Nichola McFall, 00:55:23 (80th)

Ciaran McKay, 01:12:45 (133rd)

19/03/16 Larne Half Marathon

Kyle Hughes, 01:29:57 (152nd) (PB) (CR)

19/03/16 Portrush Parkrun 5k

Clare Egan, 00:25:53 (57th)

06/03/16 Paris Half Marathon

Clare Egan, 02:04:11 (24015th)

27/02/16 Ballycastle McQuillan Couch to 5k

Kyle Hughes, 00:19:11 (1st)

21/02/16 Last One Standing Ultra

Helena Dornan, 109.2 Miles (1st f/m, 4th overall) (W)

06/02/16 Portrush Parkrun 5k

Clare Egan, 00:27:28 (54th)

06/02/16 Antrim Castle 10k forest run

Kyle Hughes, 00:39:44 (33rd) (PB)

23/01/16 Portrush Parkrun 5k

Clare Egan, 00:26:53 (54th)

Liz McMullan, 00:31:42 (100th)

09/01/16 Portrush Parkrun 5k

Clare Egan, 00:27:45 (44th)

Liz McMullan, 00:30:41 (69th)

01/01/16 Race over the Glens

Martin Carroll, 00:50:12 (115th)

2015 Results

10/10/15 South Shields Park Run 5k

Kyle Hughes, *00:18:24 (3rd) (PB) (CR)*

04/10/15 Runher Titanic 10k

Nuala McTaggart, *01:02:57 (473rd)*

03-04/10/15 Monaghan B2B Marathon

Day 1: Helena Dornan, *03:57:19 (TBA)*

Day 2: Helena Dornan, *04:01:28 (TBA) (W)*

26/09/15 Causeway Coast Half Marathon

Shauna Hunter, *02:04:05 (64th)*

Francine McFarland, *02:09:42(97th)*

19/09/15 East Antrim Marathon Series

Helena Dornan, *04:03:40 (9th) (W)*

13/09/15 Colour Marathon, Carrickmore

Helena Dornan, *03:50:19 (49th)*

20/09/15 Bushmills Chest Heart & Stroke 10k

Martin Carroll, *TBA (2nd)*

29/08/15 Rathlin Run

Kevin McAuley, *01:48:16 (145th)*

29/08/15 Gosford Park Marathon

Helena Dornan, *04:15:09 (TBA)*

23/08/15 Donegal Marathon

Helena Dornan, *03:56:58 (47th)*

13-16/08/15 Quadrathon Series Overall

Helena Dornan, *16:59:39 (23rd)*

16/08/15 Muff Marathon (Quadrathon Series)

Helena Dornan, *03:55:06 (21st)*

15/08/15 Mamore Marathon (Quadrathon Series)

Helena Dornan, *04:13:38 (22nd)*

14/08/15 Malin Head Marathon (Quadrathon Series)

Helena Dornan, *04:21:34 (33rd)*

13/08/15 Kinego Bay Marathon (Quadrathon Series)

Helena Dornan, *04:29:21 (31st)*

08/08/15 Lurig Challenge

Shauna Hunter, *00:46:34 (142nd) (PB)*

Francine McFarland, *00:49:10 (184th)*

01/08/15 Oakland Insurance Marathon

Helena Dornan, *04:40:00 (4th) (W)*

31/07/15 Ballymoney Milk Run 5mile

Shauna Hunter, 00:36:49 (91st)

17/07/15 Energia 12hr race

Helena Dornan, 58.7miles (9th)

25/06/15 Round the Bridges 10 Mile

Shauna Hunter, 01:19:10 (167th)

Francine McFarland, 01:23:38 (221st)

Helena Dornan, 01:24:10 (232nd)

17/06/15 Lisburn 10k

Shauna Hunter, 00:47:21 (314th)

Nuala McTaggart 00:58:50 (1019th) **(PB)**

17/06/15 Lisburn Half Marathon

Tracy Gillan, 01:44:34 (457th)

Francine McFarland, 01:55:46 (788th)

Helena Dornan, 02:13:39 (Pacing 02:15)

03/06/15 Fairhill 5 Mile, Ballymena

Tracy Gillan, 00:36:45 (189th) **(PB)**

Francine McFarland, 00:39:25 (251st)

31/05/15 One World Run 10k Belfast

Cormac McGarry, 00:35:35 (1st) **(PB) (CR) (W)**

31/05/15 Walled City Marathon

Martin Carroll, 03:22:08 (121st)

Tracy Gillan, 03:59:07 (506th)

29/04/15 Purple Ladies 5k, Ballymoney

Tracy Gillan, 00:23:14 (21st) **(PB)**

10/04/15 Paris Marathon

Cormac McGarry, 02:43:34 (196th) **(CR)**

Neale Jagoe, 04:46:25 (31,879th)

21/03/15 Larne Half Marathon

Shauna Hunter, 01:48:11 (542nd)

Francine McFarland, 01:52:36 (668th)

14/03/15 Paris Half Marathon

Clare Egan, 01:55:04 (15136th)

2014 Results

27/10/14 Dublin City Marathon

Nuala Devlin, *03:59:45 (4749th)*

Francine McFarland, *04:02:43 (5050th)*

27/09/14 Causeway Coast Ultra

Helena Dornan, *06:49:40 (15th)*

07/09/14 Titanic 102k Ultra

Helena Dornan, *03:28:36 ()*

14/09/14 Belfast City Half Marathon

Nuala Devlin, *01:45:09 (850th)*

Karen Mooney, *02:08:21 (2232nd)*

07/09/14 Titanic 102k Ultra

Helena Dornan, *03:28:36 (166th)*

14/08/14 Kinego Bay Marathon

Helena Dornan, *03:52:27 (6th)*

09/08/14 Lurig Challenge

Shauna Hunter, *00:54:52 (186th)*

Francine McFarland, *00:54:52 (187th)*

19/07/14 K.K. McArthur Half Marathon

Paul Quinn, *01:54:51 (126th)*

18/07/14 Energia Belfast 24hr Race

Helena Dornan, *107.265 miles (11th)*

13/07/14 Great North 10k Gateshead

Kyle Hughes, *00:42:24 (236th)*

04/06/14 Fairhill 5 Mile Road Race

Lizzie McNicholl, *00:48:58 (299th)*

01/06/14 Walled City Marathon

Helena Dornan, *03:28:36 (166th)*

John McCaughan, *03:41:28 (303rd)*

Tracy Gillan, *03:45:37 (369th)*

Shauna Hunter, *03:59:00 (576th)*

Gerard Turner, *04:24:06 (873rd)*

25/05/14 Newry City Marathon

Tracy Gillan, *03:41:14 (81st)*

Helena Dornan, *03:48:51 (101st)*

05/05/14 Belfast City Marathon

Helena Dornan, *TBA*

Francine McFarland, *03:57:35 (905th)*

03/05/14 Lost Worlds 50k Ultra

Helena Dornan, *TBA*

13/04/14 Virgin London Marathon

Helena Dornan, *03:28:23 (4729th)*

Tracy Gillan, *03:33:47 (5572nd) PB*

08/04/14 Ballymena Belles 5 Mile Road Race

Tracy Gillan, *00:37:07 (11th) PB*

Helena Dornan, *00:37:44 (14th)*

Clare Egan, *00:43:05 (51st)*

23/03/14 East Antrim Marathon Series

Helena Dornan, *03:37:04 (8th)*

22/03/14 Larne Half Marathon

Nuala Devlin, *01:53:15 (633rd)*

16/03/14 Tralee International Marathon

Noel Brick, *03:14:47 (28th) (CR)*

09/03/14 Roe Valley Trail 8k

Frank McAlonan, *00:40:11 (18th)*

Aidan Loughridge, *00:40:30 (19th)*

Kevin McAuley, *00:45:46 (25th)*

09/03/14 Roe Valley Trail 1600m (U16)

Frank McAlonan, *00:06:42 (1st) (W)*

01/01/14 Race over the Glens

Helena Dornan, *00:52:18 (101st)*

Gerard Turner, *01:01:05 (228th)*

2013 Results

12/10/13 Brandon Mountain Half Marathon

Noel Brick, *02:28:46* (4th)

28/09/13 Causeway Coast Half Marathon

Kevin McAuley, *02:18:59* (163rd)

Aidan Loughridge, *02:20:43* (175th)

Shauna Hunter, *02:23:22* (197th)

Clare Egan, *02:57:03* (328th)

Sinead Kinney, *02:58:53* (331th)

Heather Kelly, *03:05:33* (345th)

28/09/13 Causeway Coast Marathon

Noel Brick, *04:19:04* (18th)

28/09/13 Causeway Coast Ultra (39mi)

Helena Dornan, *06:50:01* (13th) **(W)**

22/09/13 Belfast Half Marathon

Helena Dornan, *01:37:56* (318th)

John McCaughan, *01:43:12* (522nd)

Tracy Gillan, *01:43:12* (523rd)

Shauna Hunter, *01:50:48* (932nd) **(PB)**

Nuala Devlin, *01:51:57* (980th)

08/09/13 Titanic 101k Ultra

Helena Dornan, *09:40:51* (4th) **(W)**

24/08/13 Rathlin Run

Kevin McAuley

19/08/13 Twin Peaks Challenge, Glenravel

Helena Dornan

Aidan Loughridge

Shauna Hunter **(W)**

Kevin McAuley

10/08/13 Lurig Challenge

Helena Dornan, *00:39:40* (50th)

Aidan Loughridge, *00:49:32* (148th)

26/07/13 NFU/Riada 5 Mile

Helena Dornan, *00:35:17* (57th)

Shauna Hunter, *00:37:43* (85th)

21/07/13 Melbourne Half Marathon

Aidan Loughridge, *01:49:13* (2144th)

20/07/13 Dervock Half Marathon

Helena Dornan, *01:42:26* (58th) **(W)**

John McCaughan, *01:48:51* (87th)

Shauna Hunter, *02:03:16* (126th) **(W)**

27/06/13 Round the Bridges 10 Mile

John McCaughan, *01:14:31* (130th)

Helena Dornan, *01:14:44* (133rd)

19/06/13 Lisburn Half Marathon

Tracy Gillan, *01:41:49* (297th)

John McCaughan, *01:42:53* (298th)

Shauna Hunter, *01:54:47* (535th) **(PB)**

Aidan Loughridge, *02:01:48* (681st)

08/06/13 Larne Half Marathon

Aidan Loughridge, *01:54:49* (481st)

Shauna Hunter, *01:56:20* (514th)

02/06/13 Walled City Marathon

Helena Dornan, *03:25:56* (133rd) **(W)**

19/05/13 Newry Marathon

Helena Dornan, *03:24:57* (29th) **(W)**

Tracy Gillan, *03:34:40* (46th) **(W) (PB)**

John McCaughan, *03:50:29* (78th)

06/05/13 Belfast City Marathon

Helena Dornan, *03:23:56* (190th) **(PB) (CR) (W)**

Tony Woods, *04:01:37* (861st)

Tracy Gillan, *04:15:11* (1089th)

Julian Gillan, *04:15:11* (1091st)

21/04/13 Virgin London Marathon

Helena Dornan, *03:27:16* (4224th) **(PB) (CR)**

Tracy Gillan, *03:50:56* (8597th)

03/03/13 Paris Half Marathon

Clare Egan, *01:57:39* (8826th)

01/01/13 Race over the Glens

Helena Dornan, *00:48:27* (83rd)

Tracy Gillan, *00:55:07* (151st)

Clare Egan, *00:59:11* (194th)

2012 Results

29/10/12 Dublin Marathon

Tracy Gillan, *03:46:29* (3986th) **PB**
John McCaughan, *03:48:11* (4189th)

09/09/12 Waterside Half Marathon

Tracy Gillan, *01:38:12* (239th) **PB CR**

11/08/12 Lurig Challenge Run

Helena Dornan, *00:42:26* (70th) **CR (W)**
Briege Hamilton, *00:51:55* (177th)
Nuala McErlain, *00:54:27* (200th)
Karen McErlain, *00:58:21* (216th)
Deirdre Larsen, *00:59:09* (220th)

27/07/12 Riada 5 Mile

Helena Dornan, *00:36:17* (40th) **CR**
Tracy Gillan, *00:37:47* (88th)
Clare Egan, *00:40:45* (107th)

21/07/12 Dervock Half Marathon

Helena Dornan, *00:36:17* (73rd) **(W)**

21/07/12 Dervock Marathon

John McCaghan, *03:57:45* (60th)

22/04/12 Virgin London Marathon

Helena Dornan, *03:50:39* (8439th)
Tracy Gillan, *04:08:34* (13061st) **PB**

22/04/12 Titanic Quarter 10k

Cormac McGarry, *00:36:25* (34th) **PB CR**

15/04/12 Sportsman Duathlon

Cormac McGarry, *00:51:45* (6th)

31/03/12 Causeway Crossing 100k Ultra

Helena Dornan, *12:47:25* (8th)

24/03/12 Larne Half Marathon

Gerard Turner, *01:57:51* (763rd)
Ciaran Maguire, *02:09:31* (1038th)
Briege Hamilton, *02:32:37* (1269th)

11/03/12 Sportsman Duathlon

Cormac McGarry, *00:50:27* (3rd)

12/02/12 Sportsman Duathlon

Cormac McGarry, *00:52:48* (9th)

02/01/12 Race over the Glens

John McCaughan, *00:50:32* (150th)
Helena Dornan, *00:50:32* (151st)

2011 Results

26/11/11 Battle of Antrim

Helena Dornan, *05:52:26* (14th)

19/11/11 Seeley Cup 10k

Ciaran Maguire, *00:54:43* (680th)

31/10/11 Dublin City Marathon

Ciaran Maguire, *05:01:50* (9845th)

22/10/11 Gr8 Dundrum Run

Ciaran Maguire, *01:17:47* (379th)

22/10/11 Glentathlon

Helena Dornan, *04:42:13* (18th)

01/10/11 Causeway Coast Ultra, 39mi

Helena Dornan, *07:19:19* (20th)

Declan McCaughan *07:19:19* (21st)

01/10/11 Causeway Coast HM

John McCaughan, *02:03:53* (72nd)

Aidan Loughridge, *02:12:11* (121st)

Clare Egan, *02:25:25* (171st)

Sinead Kinney, *02:40:28* (224th)

01/10/11 Causeway Coast 10k

Heather Kelly, *01:11:35* (68th)

Lauren McIlroy, *01:12:45* (70th)

Nuala McTaggart, *01:20:09* (92nd)

11/09/11 London to Brighton Ultra, 90k

Declan McCaughan, *12:48:00* (76th)

03/09/11 Run 'n' The Bann 5k

Gerard Turner, *00:20:42* (38th) **(PB)**

28/08/11 Northumberland Ultra, 100k

Declan McCaughan, *18:33:00* (7th)

28/08/11 Dublin City Sprint Triathlon

Gerard Turner, *01:14:39* (141st)

27/08/11 Rathlin Run

Kevin McAuley, *01:33:49*

Ciaran Maguire, *01:48:05*

20/08/11 Gaelforce West

Gerard Turner, *05:16:32* (456th)

13/08/11 Lurig Challenge

John McCaughan, *00:47:37* (114th)

Helena Dornan, *00:50:43* (148th)

Aidan Loughridge, *00:52:19* (163rd)

Clare Egan, *00:56:11* (185th)

Dee Larsen, *01:03:57* (226th)

Nuala McTaggart, *01:12:51* (246th)
Lauren McIlroy, *01:12:51* (247th)

29/07/11 Ballymoney Riada 5 Mile

Maurice Finlay, *00:35:50* (75th) **(PB)**
John McGill, *00:37:45* (96th)
Helena Dornan, *00:37:48* (99th)
Aidan Loughridge, *00:39:52* (116th)
Kevin McAuley, *00:40:54* (124th)
Rhonda Elliott, *00:43:25* (140th)
Louise Brolly, *00:44:47* (147th)
Raymond McLaughlin, *00:46:01* (151th)

23/07/11 K K McArthur Half Marathon

John McCaughan, *01:41:06* (44th)
Maurice Finlay, *01:43:18* (53rd)
Helena Dornan, *01:54:30* (71st)
Briege Hamilton, *02:26:15* (84th)

23/07/11 Dervock 10k

Aidan Loughridge, *00:54:13* (23rd)
Rhonda Elliott, *00:59:58* (26th)
Raymond McLaughlin, *00:59:58* (27th)

17/07/11 Peninsula Sprint Triathlon

Cormac McGarry, *01:07:33* (4th)

16/07/11 Cushendun King of the Ring 10k

Briege Hamilton, *00:57:58* (33rd)

30/06/11 Round the Bridges 10 Mile

Helena Dornan, *01:18:24* (124th)
John McCaughan, *01:18:24* (125th)

15/06/11 Lisburn Half Marathon

Tracy Gillan, *01:45:30* (312th)
John McCaughan, *01:44:51* (313th) (W)
Helena Dornan, *01:49:19* (442nd)
Clare Egan, *02:03:30* (835th)
Ciaran Maguire, *02:05:33* (884th)

22/05/11 Edinburgh Marathon

John McCaughan, *03:38:09* (1797th)
Maurice Finlay, *03:38:13* (1804th)
Helena Dornan, *03:44:56* (2320th)

22/05/11 Edinburgh Half Marathon

Rhonda Elliott, *01:55:02* (1826th)
Raymond McLaughlin, *02:14:27* (3449th)

15/05/11 Runher 10k

Helena Dornan, *00:50:30* (27th)
Tracy Gillan, *00:50:53* (32nd) **(PB)**
Clare Egan, *00:54:54* (65th)

08/05/11 Prague Marathon

John McGill, *03:57:33* (2406th)

02/05/11 Belfast City Marathon

Helena Dornan, *04:13:02* (1256th)
Maurice Finlay, *04:13:02* (1257th)
John McCaughan, *04:13:02* (1258th)
Rhonda Elliott, *04:13:03* (1259th)
Tracy Gillan, *04:13:03* (1260th)
Ciaran Maguire, *04:40:51* (1970th)

17/04/11 Virgin London Marathon

Helena Dornan, *03:41:00* (5501st)
Jamie Meggitt, *04:59:18* (23381st)

10/04/11 Titanic Quarter 10k

Gerard Turner, *00:48:19* (296th)
Clare Egan, *00:52:58* (484th)

19/03/11 Larne Half Marathon

Maurice Finlay, *01:41:18* (391st)
Helena Dornan, *01:43:14* (455th)
John McCaughan, *01:43:14* (456th)
John McGill, *02:05:04* (943rd)

01/01/11 Race over the Glens

Owen Kennedy, *00:53:24* (122nd)
Maurice Finlay, *00:54:31* (131st)
John McCaughan, *00:54:45* (133rd)
Helena Dornan, *00:58:40* (156th)
Deirdre Larsen, *01:00:20* (166th)

2010 Results

27/11/10 Seeley Cup 10k

Cormac McGarry, 00:37:28 (109th) **(PB) (CR)**

Shauna Hunter, 00:48:44 (552nd) **(PB)**

Deirdre Larsen, 00:52:14 (648th) **(PB)**

21/11/10 Springwell 5 Mile Handicap Trail Race

Shauna Hunter, 00:41:07 (2nd) **(W)**

Deirdre Larsen, 00:42:26 (10th)

Helena Dornan, 00:38:23 (18th)

Aidan Loughridge, 00:42:27 (20th)

John McCaughan, 00:37:38 (22nd)

Owen Kennedy, 00:36:53 (23rd)

13/11/10 Sea to Summit Race (Sprint) - Westport

Gerard Turner, 02:29:43 (45th)

25/10/10 Dublin City Marathon

Maurice Finlay, 03:32:13 (2065th)

John McCaughan, 03:35:38 (2291st)

Helena Dornan, 03:45:45 (3213rd)

Aidan Loughridge, 04:03:50 (5275th) **(PB)**

Ciaran Maguire, 04:56:03 (8655th)

16/10/10 Great Dundrum Run (8.4 Mi)

Ciaran Maguire, 01:17:01 (219th)

10/10/10 Runher 10k

Shauna Hunter, 01:02:46 (169th)

03/10/10 Loch Ness Marathon

John McCaughan, 03:34:38 (378th) **(PB)**

26/09/10 Bangor 10k

Cormac McGarry, 00:38:08 (62nd) **(CR)**

19/09/10 Great North Run

Helena Dornan, 01:43:53 (3496th)

Louise Brolly, 01:50:47 (6342nd)

Dee Larsen, 02:34:28 (30142nd)

18/09/10 Dublin Half Marathon

Ciaran Maguire, 02:06:38 (4081st)

12/09/10 Waterside Half Marathon

Aidan Loughridge, 01:48:36 (451st) **(PB)**

02/09/10 Run 'n' the Bann 5k

Owen Kennedy, 00:20:32 (48th) **(PB)**

John McCaughan, 00:22:55 (80th)

Helena Dornan, 00:22:55 (81st)

Aidan Loughridge, 00:23:25 (87th) **(PB)**

Shauna Hunter, 00:27:29 (125th)

Eileen Turner, 00:30:35 (141st)

28/08/10 Rathlin Run

Kevin McAuley, *01:31:10* (99th)
Noleen Bonnar, *01:35:03* (117th)
Dee Larsen, *01:35:23* (118th)
Ciaran Maguire, *01:40:11* (144th)

22/08/10 Half Iremam 2010 (Groomsport)

Cormac McGarry, *04:52:28* (15th)

21/08/10 Frank Duffy Dublin Adidas Race Series - 10 Mile

Ciaran Maguire, *01:45:07* (4054th)

14/08/10 Lurig Challenge

Kevin McAuley, *00:49:07* (134th)
Aidan Loughridge, *00:49:17* (135th)
Dee Larsen, *01:03:49* (206th)
Shauna Hunter, *01:03:49* (207th)

01/08/10 Lisburn Triathlon (Sprint)

Cormac McGarry, *01:07:40* (10th) **(CR)**

31/07/10 Lough Neagh Triathlon (Olympic)

Cormac McGarry, *02:15:33* (20th) **(PB) (CR)**

30/07/10 Riada/NFU Mutual 5 Mile Road Race

Kyle Hughes, *00:35:28* (72nd)
Helena Dornan, *00:36:33* (83rd) **(PB) (CR)**
Louise Brolly, *00:38:48* (103rd)
Aidan Loughridge, *00:40:22* (122nd)
Maurice Finlay, *00:42:16* (134th)

24/07/10 Dervock Half Marathon

Maurice Finlay, *01:36:30* (22nd)
John McCaughan, *01:38:55* (29th) **(PB)**
Helena Dornan, *01:45:14* (35th)
Jamie Meggitt, *01:57:27* (41st)
Aidan Loughridge, *01:57:36* (42nd)

24/07/10 Dervock 10k

Kyle Hughes, *00:47:34* (16th)

17/07/10 Irish Runner Adidas Race Series - 5 Mile

Ciaran Maguire, *00:47:19* (3726th)

17/07/10 Galway Triathlon (Olympic)

Cormac McGarry, *02:46:03* (17th)

14/07/10 Spar 10k Series Coleraine

Kevin McAuley, *00:52:59* (135th) **(PB)**

24/06/10 Round the Bridges 10 mile Road Race

John McCaughan, *01:15:06* (105th)
Helena Dornan, *01:17:48* (129th)
Aidan Loughridge, *01:24:06* (156th) **(PB)**

19/06/10 Dromore 10k

Ciaran Maguire, *01:00:55* (152nd)

16/06/10 Lisburn Half Marathon

John McCaughan, 01:42:11 (278th)

Helena Dornan, 01:46:57 (410th)

Aidan Loughridge, 01:57:51 (720th)

16/06/10 Lisburn 10k

Nuala McTaggart, 01:09:25 (1387th)

Cathal McTaggart, 01:09:25 (1388th)

13/06/10 Runher Ladies 5k

Heather Kelly, 00:34:03 (143rd)

Denise McIlroy, 00:38:26 (260th)

Andrea McIlroy, 00:47:37 (355th)

12/06/10 Spar Causeway Coast Triathlon (Olympic)

Clare Egan, 03:22:46 (94th)

30/05/10 Liam Ball Triathlon (Sprint)

Clare Egan, 01:34:49 (151st)

23/05/10 Third World Run 10k, Belfast

Cormac McGarry (1st) (W)

22/05/10 Ballymena Ecos 5 Mile Road Race

Owen Kennedy, 00:36:52 (110th)

03/05/10 Belfast City Marathon

Declan McCaughan, 03:22:10 (218th) **(PB) (CR)**

John McCaughan, 03:47:39 (654th)

Helena Dornan, 03:58:07 (906th)

Louise Brolly, 03:58:08 (907th)

03/05/10 Belfast City Marathon Team Relay

Navy Team (Nuala, Marie, Gerard, Cathal, John McA), 04:04:53 (648th)

Blue Team (Meghan, Huggy, Nick, Joan, Lauren), 04:21:27 (1082nd)

Cream Team (Aidan, Leo, Dee, Katrina, Andrea), 04:21:31 (1085th)

25/04/10 Virgin London Marathon

Helena Dornan, 03:36:59 (5531st) **(PB) (CR)**

Nick De Wolf, 05:07:52 (27,808th)

17/04/10 Mid Ulster Duathlon (2mi/12mi/2mi)

Helena Dornan, 01:14:33 (39th) **(W)**

14/04/10 University Challenge 5k, Coleraine

Kyle Hughes, 00:19:52 (31st)

Owen Kennedy, 00:21:28 (40th)

John McCaughan, 00:21:42 (42nd)

Helena Dornan, 00:22:24 (51st) **(CR)**

Gerard Turner, 00:22:26 (52nd)

Robert Maguire, 00:24:05 (66th)

Aidan Loughridge, 00:24:44 (69th)

Tracy Gillan, 00:25:01 (73rd)

Meghan McWilliams, 00:28:06 (85th)

Eileen Turner, 00:29:24 (88th)

Andrea McIlroy, 00:29:37 (89th) **(PB)**

Nuala McTaggart, 00:30:02 (91st) **(PB)**

Anne Breen, 00:36:23 (98th)

11/04/10 Titanic Quarter 10k
Kevin McAuley, *00:53:07* (625th)

27/03/10 Omagh Half Marathon
Kyle Hughes, *01:44:37* (473rd)

20/02/10 Roe Valley Country Park Trail Run - Male Open 8K
Aidan Loughridge, *00:42:46* (18th)

2009 Results

19/12/09 North West XC, 6k

Aidan Loughridge, *00:29:58* (81st)

07/11/09 McConnell Shield XC, 5 Miles

Kevin McAuley, *00:40:23* (87th)

26/10/09 Dublin Marathon

John McCaughan, *03:38:49* (2060th)

Helena Dornan, *03:41:43* (2295th)

Chris McAuley, *03:50:26* (3048th)

Noleen Bonnar, *04:37:53* (7109th)

Aidan Loughridge, *04:43:55* (7447th)

Dee Larsen, *06:09:52* (9853rd)

04/10/09 Runher Ladies 10k

Louise Brolly, *00:47:28* (14th)

Helena Dornan, *00:47:57* (16th)

Joan McHenry, *01:05:47* (239th)

Nuala McTaggart, *01:07:33* (263rd)

Anne Breen, *01:10:01* (290th)

20/09/09 Great North Run

Chris McAuley, *01:41:59* (2763rd)

Helena Dornan, *01:52:12* (6795th)

Louise Brolly, *01:52:12* (6796th)

Aidan Loughridge, *01:52:53* (7121st) **(PB)**

Nick DeWolf, *02:01:13* (12130th)

Dee Larsen, *02:11:56* (18511st)

Caitriona McIlroy, *02:47:00* (32930th)

Andrea McIlroy, *02:47:00* (32931st)

Anne Breen, *02:47:01* (32937th)

Margaret Craig, *02:51:53* (33838th)

06/09/09 Spar Laganside 10k Challenge

John McCaughan, *00:45:52* (243rd)

Louise Brolly, *00:45:52* (244th)

Aidan Loughridge, *00:48:30* (334th) **(PB)**

Nuala McTaggart, *01:03:58* (693rd) **(PB)**

29/08/09 Rathlin Run

John McCaughan, *01:18:31* (48th) **(PB)**

Helena Dornan, *01:23:24* (79th)

Aidan Loughridge, *01:27:56* (110th) **(PB)**

Noleen Bonnar, *01:27:57* (111th)

29/08/09 Roadside Garages 10k

Louise Brolly, *45m 46s* (26th) **(W) (CR)**

08/08/09 Lurig Challenge

Aidan Loughridge, *46m 09s* (99th) **(PB)**

Helena Dornan, *46m 15s* (100th)

31/07/09 Riada 5 Mile (G)

Declan McCaughan, *32m 38s* (53rd)

John McCaughan, *35m 20s* (75th) **(PB)**

Louise Brolly, *36m 44s* (87th) **(CR)**
Jamie Meggitt, *37m 14s* (90th)
Helena Dornan, *37m 14s* (91st)
Aidan Loughridge, *38m, 42s* (107th) **(PB)**
Noleen Bonnar, *39m 36s* (112th)
Patrick Lennon, *40m 36s* (121st)
Tracy Gillan, *41m 05s* (127th)
Clare Egan, *42m 01s* (133rd)
Leo McIlroy, *44m 23s* (148th) **(PB)**
Nuala McTaggart, *50m 15s* (169th) **(PB)**
Caitriona McIlroy, *50m 55s* (171st) **(PB)**
Brian Nellis, *53m 44s* (175th)

18/07/09 Dervock Half Marathon (G)

John McCaughan, *1h 40m 03s* (18th)
Helena Dornan, *1h 46m 49s* (24th) **(W) (CR)**
Louise Brolly, *1h 46m 50s* (25th) **(W)**
Jamie Meggitt, *1h 54m 10s* (31st)
Noleen Bonnar, *2h 00m 22s* (36th) **(PB)**
Aidan Loughridge, *2h 00m 22s* (37th)

05/07/09 Mary Peters 70th Birthday 10k

Margaret Craig, *1h 18m 57s* (300th)

28/06/09 Runher Ladies 10k (G)

Joan McHenry, *1h 01m 03s* (194th)
Nuala McTaggart, *1h 08m 02s* (284th)
Anne Breen, *1h 08m 02s* (285th)

25/06/09 Round the Bridges 10 mile Road Race

Helena Dornan, *1h 14m, 02s* (91st) **(CR)**
John McCaughan, *1h 14m 02s* (92nd) **(PB) (CR)**
Noleen Bonnar, *1h 26m 33s* (177th)
Aidan Loughridge, *1h 26m 36s* (178th) **(PB)**

17/06/09 Lisburn Half Marathon (G)

Kyle Hughes, *1h 32m 55s* (140th) **(PB) (CR)**
Helena Dornan, *1h 40m 04s* (313rd) **(PB)**
Jamie Meggitt, *1h 42m 57s* (395th) **(PB)**
Aidan Loughridge, *1h 53m 47s* (711th) **(PB)**

17/06/09 Lisburn 10k (G)

Tracy Gillan, *54m 03s* (773rd) **(CR)**
Leo McIlroy, *56m 06s* (1006th)
Margaret Craig, *1h 16m 51s* (1794th)

13/06/09 Ballymena Ecos 5 Mile Road Race (G)

Kyle Hughes, *32m 22s* (37th) **(PB) (CR)**
Patrick Lennon, *39m 23s* (97th)

06/06/09 Stranraer Half Marathon

Chris McAuley, *1h 39m 57s* (63rd) **(PB) (CR)**

19/05/09 Maghera 10k

Kyle Hughes, *42m 12s* (51st) **(CR)**

04/05/09 Belfast City Marathon (G)

Helena Dornan, *3h 38m 31s* (462nd)

John McCaughan, *3h 38m 37s* (465th)

Chris McAuley, *3h 55m 01s* (792nd)

04/05/09 Belfast City Marathon Relay (G)

White Team (John McA, Deirdre G, Peter, Leo, Huggy), *4h 5m 01s* (686th)

Navy Team (Patrick Mcl, Andrea, Nick, Carrie, Joan), *4h 20m, 24s* (1127th)

Blue Team (Margaret, Caitriona, Aidan, Dominic, Nuala), *4h 25m, 11s* (1257th)

26/04/09 London Marathon

Chris McAuley, *4h 12m 10s* (13,378th)

Nick De Wolf, *4h 47m 03s* (22,413rd)

08/04/09 University Challenge 5k - Coleraine (G)

Declan McCaughan, *18m 51s* (32nd) **(CR)**

Peter McGrattan, *22m 43s* (62nd) **(PB)**

Nick De Wolf, *23m 28s* (70th)

Clare Egan, *23m 42s* (72nd) **(CR)**

Aidan Loughridge, *23m 49s* (73rd) **(PB)**

Noleen Bonnar, *23m 57s* (75th)

Dee Larsen, *28m 02s* (97th)

Helen Noble, *28m 40s* (100th) **(PB)**

Nuala McTaggart, *30m 39s* (104th)

Anne "Huggy" Breen, *31m 09s* (109th)

Andrea McIlroy, *31m 09s* (110th) **(PB)**

Margaret Craig, *36m 32s* (112th)

28/03/09 Larne Half Marathon (G)

Kyle Hughes, *1h 40m 4s* (219th) **(PB) (CR)**

Noleen Bonnar, *2h 5m 19s* (542nd)

Aidan Loughridge, *2h 5m 20s* (543rd)

Peter McGrattan, *2h 8m 7s* (569th)

22/03/09 Connemarathon

Declan McCaughan, *3h 38m 21s* (99th) **(CR)**

21/03/09 Omagh Half Marathon

Kyle Hughes, *1h 43m 20s* (353rd) **(CR)**

Chris McAuley, *1h 45m 28s* (411th) **(PB)**

01/01/09 Race over the Glens

John McCaughan, *46m 13s* (105th)

2008 Results Archive

06/12/08 Seeley Cup 10k

Chris McAuley, *44m 03s* (300th) **(CR)**
John McCaughan, *44m 11s* (309th) **(PB)**
Aidan Loughridge, *51m 56s* (522nd) **(PB)**

16/11/08 Mud Madness (G)

John McCaughan, *48m 48s* (88th)
Nick DeWolf, *51m 10s* (105th)
Aidan Loughridge, *56m 17s* (150th)
Nuala McTaggart, *1h 21m 18s* (261st)
Andrea McIlroy, *1h 21m 18s* (262nd)

27/10/08 Dublin City Marathon

Chris McAuley, *3h 48m 51s* (2725th)

05/10/08 Runher Ladies 8k (G)

Carrie Flannagan, *47m 02s* (170th)
Joan McHenry, *47m 39s* (190th)
Anne Breen (aka Huggie), *48m 36s* (216th)
Nuala McTaggart, *48m 36s* (217th)
Andrea McIlroy, *49m 47s* (256th)

05/10/08 Bupa Great North Run

Chris McAuley, *1h 47m 18s* (5424th)

27/09/08 Bangor Classic 10k

John McCaughan, *45m 04s* (171st)

07/09/08 Spar Laganside 10k (G)

John McCaughan, *44m 47s* (178th) **(PB) (CR)**
Peter McGrattan, *49m 54s* (296th)
Aidan Loughridge, *52m 45s* (358th) **(PB)**

04/09/08 Run 'n' the Bann 5k

John McCaughan, *21m 27s* (42nd)
Peter McGrattan, *23m 42s* (58th)
Aidan Loughridge, *24m 50s* (68th)
Dominic McDonnell, *25m 9s* (70th)
Helen Noble, *28m 46s* (90th)
Andrea McIlroy, *32m 57s* (98th)

30/08/08 Rathlin Run (G)

John McCaughan, *1h 20m 44s* (60th)
Aidan Loughridge, *1h 38m 38s* (159th)
Dominic McDonnell, *1h 46m 32s* (187th)

09/08/08 Lurig Challenge Run (G)

John McCaughan, *44m 14s* (53rd)
Peter McGrattan, *53m 12s* (88th)
Aidan Loughridge, *57m 34s* (102nd)
Dominic McDonnell, *1h 1m 52s* (114th)

27/07/08 Lisburn Triathlon (Sprint)

Chris McAuley, *1h 21m 3s* (88th)
Claire Egan, *1h 25m 55s*, (116th) **(PB)**

25/07/08 Riada 5 Mile Road Race (G)

John McCaughan, *36m 13s* (72nd) **(CR)**

Kyle Hughes, *36m 14s* (73rd)

Patrick Lennon, *38m 35s* (99th)

Peter McGrattan, *39m 35s* (108th) **(PB)**

Aidan Loughridge, *42m 44s* (136th) **(PB)**

Leo McIlroy, *46m 12s* (148th)

Joan McHenry, *48m 59s* (160th)

Nuala McTaggart, *54m 21s* (181st)

Caitriona McIlroy, *54m 23s* (182nd)

Margaret Craig, *59m 36s* (184th)

19/07/08 Dervock Half Marathon (G)

John McCaughan, *1h 43m 54s* (38th)

Clare Egan, *1h 55m 50s* (48th)

Patrick Lennon, *1h 59m 3s* (49th)

19/07/08 Dervock 10k race (G)

Aidan Loughridge, *58m 52s* (9th)

Marie McGarrity, *58m 52s* (10th) **(W)**

26/06/08 Round the Bridges, 10 Mile Road Race, Limavady (G)

John McCaughan, *1h 17m 35s* (130th)

Clare Egan, *1h 26m 13s* (177th)

Peter McGrattan, *1h 32m 37s* (194th)

Dominic McDonnell, *1h 32m 37s* (195th)

Aidan Loughridge, *1h 35m 23s* (201st)

15/06/08 Randalstown 10k

John McCaughan, *47m 56s* (96th)

Patrick Lennon, *48m 24s* (99th)

Aidan Loughridge, *55m 51s* (139th)

28/05/08 Ballymena Ecos Five Mile Road Race (G)

Peter McGrattan, *39m 47s* (155th)

Clare Egan, *40m 59s* (164th)

Dominic McDonnell, *41m 54s* (169th)

Aidan Loughridge, *43m 33s* (177th)

Marie McGarrity, *43m 40s* (178th)

05/05/08 Belfast City Marathon Relay

Aidan Loughridge, Oorlagh McCambridge, Lauren McIlroy, Andrea McIlroy, Leo McIlroy. *4h 49m 55s* (1457th)

Stephanie McLaughlin, Nuala McTaggart, Catrina, Bridgeen, Caroline Redmond. *5h 13m 12s* (1576th)

Margaret Craig (+3), (TBA), (TBA)

04/05/08 Liam Ball Triathlon (Sprint)

Claire Egan, *1h 30m 53s*, (92nd)